



The Marguerite Centre



Annual Impact Report
2019-20



Mission Statement

The Marguerite Centre fosters a healthier society by supporting women recovering from addiction through a long-term residential program focusing on the healing of mind, body and spirit.



A message from our Chair

The Marguerite Centre (TMC) continues to be a light in community for many women who are trying to find their way through difficult times. Like the “marguerite daisy” (a perennial), TMC is here, year after year supporting women while they empower themselves to live healthier lives.

We have had great success with the trial of the short-term bed which has developed into a successful opportunity to serve even more women who are not requiring a long term stay but rather providing access to programming and services that meet their immediate needs. The only other option for women seeking shorter term is to pay for private recovery treatment which is not possible for most applicants.

The financial stability of TMC is strong and opportunity for discussion to explore new avenues and ideas is ongoing as we strive to serve an even broader community. With this in mind we are actively exploring the branding of the TMC and ways that we can provide greater awareness of who we are and the programs and services offered.

Of course, the success of TMC is possible because of the stellar staff that takes care of the daily operations. With the leadership of Lisa Mullin, Executive Director, Christine Taylor, Program and Resident Coordinator, and the invested staff members they work closely with, they are diligent in ensuring our mission and vision are at the forefront of everything they do. The great partnerships TMC has with Nova Scotia Department of Health and Wellness, Corrections Canada, and various other community groups enhances the great work being done to support women with addiction as they navigate their way through the health and justice systems.

None of this work gets done alone and we offer our Thanks to so many others that help bring these efforts to fruition. To name just a few: United Way of Halifax, Flemming Foundation, Congregation of Notre Dame, Winners, Pseudio and Home Sense.

Also, a big shout out to St. Luke’s United Church who, every year, invite TMC residents to spend a day with them where they may partake in an outing, a Yoga or Reiki class as well as many other activities.

Where would TMC be without the Volunteers? There are many volunteers that help with the daily operations of the centre and provide services directly to the residents. Some of these services are providing transportation to appointments, holistic services, program facilitation, donation collection and the list goes on. In addition, the board members, who work behind the scenes, ascertain sustainability and remain strategically poised so TMC may continue to support women in Nova Scotia. Thank you!



A special Thank You to 2 of our retiring board members. Kathy-Lee Brickenden is leaving after approximately 12 years! Kathy-Lee was an integral part of TMC in its early days when the centre was still finding its feet and into the present where the centre stands tall and on solid ground. The dedication, wisdom and guidance Kathy-Lee provided over the years was indicative to the passion she has in helping and supporting community. Holly Hickey is leaving after 3 years. Holly was the Treasurer and not only supported TMC while living in Nova Scotia, but also for the past 2 years while she worked and raised a family in Alberta. We are truly appreciative of her dedication to TMC and its mission. We will miss you both!

March of this year brought a new challenge not only to TMC but to the world with the COVID-19 Pandemic. Although TMC had to close its' doors temporarily, the staff took exceptional care of everything from the discharging of residents to ensuring the protocol laid out by the Department of Health and Government were upheld to keep everyone safe. As well, to ensure the residents continued to be supported, connection to the TMC was ongoing with on-line courses and always someone to talk to if a situation arose or for additional support. Residents were also connected to community resources as they navigated their way through the "new normal.

As a board of directors, we continue to grow in numbers and diversity harnessing the power of community – a connection that empowers us to remain steadfast in our mission.

To our Community – Thank you! For your interest in TMC, past, present and what is yet to come!

Respectfully submitted

Wendy Purcell



A message from our Executive Director

2019-20 was another great year for The Marguerite Centre. We continued building on the successes of the past few years and continued focusing on our mission delivery. We did this by working on our branding, focusing on our growth trajectory, and utilizing our updated programs and materials to ensure that when women arrived at the Centre, they would receive strong programming. Our beds were full all year and that enabled us to develop a process and tool for our wait list management – providing applicants with a work plan prior to admission.

We continue to enjoy our collaborative relationships within the community. As the Home For Good project came to an end, we were excited and honoured to present our findings in Edmonton at the 2019 conference held by the Canadian Alliance to End Homelessness. We were well received and able to come home with a wealth of knowledge of other like-minded programs across the country.

2019-20 was the first year in a new three-year Strategic Plan cycle and it was exciting to build on our past and hone our focus on the future. We are excited for this new direction and look forward to many “announcements” in the year to come.

I want to thank the board for their support throughout this year and to the staff for their enthusiasm, their professionalism and their suggestions on how we can continue to do better. I also wanted to thank our donors – your support enables us to continue to be the place “where life begins again”.

Lisa Mullin, Executive Director



Testimonials



I am so grateful that The Marguerite Centre answered my call at a time when I felt like my options had run out. The Centre has offered me structure, safety and confidence that I need to focus on my sobriety and my future. – ED, resident

The Marguerite Centre is restoring the dreams of women caught in the vicious cycle of addiction, trauma, and abuse. – CH, past resident

The Marguerite Centre has given me a fresh start at life – a second chance. It has given me a sense of peace and belonging which I have never experienced before. The Staff members here all believe in me and they push me to do better and to want more out of life for myself. They believed in me when I didn't believe in me. I am happy and at peace for the first time in my life and I want more for myself. The Marguerite Centre has freed me from the chains of addiction. It has given me a new life to live. I don't know what I would have done without this place.

- DP, resident



New Strategic Plan 2019-22

Our Mission The Marguerite Centre fosters a healthier society by supporting women recovering from addiction through a long-term residential program focusing on the healing of mind, body and spirit.

Our Vision A sustainable centre of excellence in addictions recovery that empowers all women to live healthy lifestyles while considering families and communities.

Strategic Objectives 2019-22

- Achieve diversity in representation, knowledge and connectivity on our Board of Directors to provide strategic and sound leadership.
- Allocate resources that provides 24/7 long-term residency recovery support inclusive of housing, programming and outreach.
- Nurture an organizational culture that is focused on education, advocacy and best practice in the field of addiction recovery.
- Develop and Implement a communications strategy with a focus on brand recognition and awareness.
- Build strong philanthropic partnerships with individuals and organizations that can provide support to the Centre's mission.
- Conduct a review of our Human Resources with a focus on maximizing operational efficiency and stability.
- Implement a comprehensive plan to manage capital resources including asset life-cycles, preventative maintenance and review of current and future needs.



Social Media Video

To view our video, please go to: www.themargueritecentre.com and click on the link.





Volunteers

Building a volunteer base is an ongoing process. Currently we enjoy volunteer services through many facets:

- Board members (includes regular monthly meetings and sub-committee work)
- Drivers (transporting residents to community support group meetings, eg. AA and GA, resident appointments, eg. medical, legal, etc.)
- Provision of holistic services (yoga, Reiki, hiking, massage therapy, jewelry making.)
- Program facilitation (sessions on Financial planning, Personal Safety, Nutrition and spirituality)
- Office work (assistance with answering phone, filing, photocopying)
- Donation collection, organization and distribution
- Emergency assistance (transporting residents required to go to hospital for medical emergencies)
- Additional individual supportive sessions with residents, as needed

The Centre was very fortunate to benefit from two Days of Caring, as organized through the United Way. A variety of jobs including gardening, yard work and bedroom painting were accomplished through the efforts of employees from several organizations in HRM.



Special Events



- Nova Institution for Women Wellness Fair – we participated in a full day of information sharing and discussion about our Centre and its programs with the women currently incarcerated.
- United Way Kickoff events – Halifax/Dartmouth – Dept. of National Defense kick-off events, and as an Inspirational Speaker at events held by Price Waterhouse, Department of Innovations, NS Privacy Commission, RBC Women’s Mentoring, and RBC branches.
- Our ladies were treated to a full-service Christmas Dinner on site by Andrea Hatfield-Beaton and her family. Each year they pamper our residents with a gorgeous meal, served to them with smiles and love as well as a small Christmas gift.
- 2nd Annual Galentine’s Day Event – our ladies were hosted by The Floatation Centre and Brickyard Health. They were treated to complimentary float sessions and massage sessions and then served a fantastic waffle brunch! Thank you to all who donated their time and services for this day!!



Statistical Findings



Applicant Information

Total number of applications: 108

Total Number of Interviews: 62 (of these, 7 were incarcerated at time of interview)

Total number of new admissions during year: 21

Total number of Short-Term Bed admissions: 4

Occupancy

Average occupancy rate: 96.26%.

Resident who stayed less than 15 days: 0

Number residents over the entire Fiscal Year: 31

Number of planned departures: 7

As of March 16, 2020 (date of COVID closure) there were 8 residents at the Centre.

Place of origin

The demographics of our clientele continue to hail from outside the HRM (Halifax Regional Municipality). The breakdown regarding the place of origin is as follows: HRM – 11; Valley – 3; South Shore – 1; Truro/Pictou County – 4; Cape Breton – 3; Out of Province – 11.

Age of residents

As The Marguerite Centre is an adult facility, the age requirement for admission is 19 years. This past year the age of our residents has been more consistent with a more even spread across the age spectrum. The break down in age at admission is: 19-29 years – 2 30-39 years – 14 40-49 years – 6 50-59 years – 7 60+ - 2

The youngest resident during this fiscal period was 22 and the oldest was 63.

Type of addiction

Alcohol and opiates were the most prevalent primary addiction this fiscal year. At the time of admission, the primary substance of choice is listed as: Alcohol – 13 Crystal Meth: 1 Crack: 13 Opiates - 4

Payment of Services

There continues to be a majority of clients on income assistance. Of the 31 residents during this fiscal year, 18 were paid through the Department of Community Services(Income Assistance), 8 from Correction Services Canada, and 5 were self-pay.



Personnel

Total of 10 personnel on staff

- 1 Executive Director
- 1 Program and Resident Coordinator
- 1 full time Program Facilitator
- 1 full time Recovery Facilitator
- 1 part time Household and Property Coordinator
- 5 Relief Support Workers

During FY 2019-20 – we had 1 of our staff grow professionally and move on to a full-time position elsewhere.

During FY 2019-20 – 1 staff members were added to the relief roster and we participated in 2 student placement opportunities.



A message from our Treasurer

This has been an especially challenging year for all of us with the pandemic and lockdowns, and I would like to thank all our staff, volunteers and residents for your strength and dedication during this time. Despite all the challenges we have endured, I am happy to report that the Centers financial health remains strong. I would like to thank our staff and Executive Director who have been able to find ways to keep operations on budget while continuing to lead the organization through these uncertain times.

We would also like to express our sincere gratitude to all our donors and supporters whose financial support has provided us the opportunity to continue offering the programs and support needed to thrive in our community. This additional funding and the generous donations received from all our supporters has provided a much-needed boost of confidence in our financial stability and growth potential going forward.

Overall, we are happy to report that we have completed the year with a \$60,331 surplus as compared to a budgeted surplus of \$54,200.

This is my last year serving as Treasurer. I would like to thank the Board and Executive Director for all your support over the last few years and wish you the best of luck in the upcoming year.

Sincerely,
Holly Hickey, CPA CMA



THE MARGUERITE CENTRE SOCIETY OF NOVA SCOTIA
Statement of Financial Position
March 31, 2020

	2020	2019
ASSETS (Note 5)		
CURRENT		
Cash	\$ 221,775	\$ 134,553
Guaranteed investment certificates (Note 3)	106,162	125,984
Accounts receivable	1,780	15,140
Harmonized sales tax recoverable	1,831	3,813
Prepaid expenses	6,358	-
	<u>337,906</u>	279,490
CAPITAL ASSETS (Note 4)	<u>399,790</u>	415,205
	<u>\$ 737,696</u>	<u>\$ 694,695</u>
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable and accrued liabilities	\$ 9,994	\$ 20,931
Deferred revenue	14,354	7,354
	<u>24,348</u>	28,285
DEFERRED GOVERNMENT ASSISTANCE	<u>274,332</u>	287,725
	<u>298,680</u>	316,010
NET ASSETS		
Unrestricted net assets	62,354	-
Invested in capital assets	125,460	127,483
Operating reserve (Note 6)	251,202	251,202
	<u>439,016</u>	378,685
	<u>\$ 737,696</u>	<u>\$ 694,695</u>



THE MARGUERITE CENTRE SOCIETY OF NOVA SCOTIA
Statement of Revenues and Expenditures
Year Ended March 31, 2020

	Budget	2020	2019
REVENUE			
Department of Health and Wellness	\$ 270,000	\$ 270,145	\$ 270,144
Room and board recoveries	42,000	115,041	55,642
United Way	35,000	36,629	25,536
Other grants	89,300	32,545	6,013
Donations	81,500	29,511	143,016
Interest income	100	2,331	1,346
Amortization of deferred government assistance	-	13,392	13,392
Fundraising activities	-	-	5,225
	517,900	499,594	520,314
EXPENDITURES			
Administration (<i>Schedule 1</i>)	134,083	118,520	144,703
Fundraising	-	-	748
Program (<i>Schedule 2</i>)	223,639	214,891	211,866
Residence Operations (<i>Schedule 3</i>)	100,478	100,492	82,297
Special projects	5,500	5,360	-
	463,700	439,263	439,614
EXCESS OF REVENUE OVER EXPENDITURES	\$ 54,200	\$ 60,331	\$ 80,700



THE MARGUERITE CENTRE SOCIETY OF NOVA SCOTIA
Statement of Changes in Net Assets
Year Ended March 31, 2020

	Unrestricted Net Assets	Invested in Capital Assets	Operating Reserve	2020	2019
NET ASSETS - BEGINNING OF YEAR	\$ -	\$ 127,483	\$ 251,202	\$ 378,685	\$ 297,985
Excess (deficiency) of revenue over expenditures	62,354	(2,023)	-	60,331	80,700
NET ASSETS - END OF YEAR	\$ 62,354	\$ 125,460	\$ 251,202	\$ 439,016	\$ 378,685



THE MARGUERITE CENTRE SOCIETY OF NOVA SCOTIA

Administration

(Schedule 1)

Year Ended March 31, 2020

	Budget	2020	2019
EXPENDITURES			
Wages and benefits	\$ 87,383	\$ 82,101	\$ 69,919
Administration	8,200	12,913	40,039
Fees and services	8,000	6,846	6,280
Insurance	6,000	5,386	5,269
HST expense	5,000	4,722	4,871
Training	2,000	3,176	615
Miscellaneous	1,000	1,910	1,244
Printing and communications	14,000	1,091	16,172
Furniture and equipment	2,500	375	294
	<u>\$ 134,083</u>	<u>\$ 118,520</u>	<u>\$ 144,703</u>



THE MARGUERITE CENTRE SOCIETY OF NOVA SCOTIA

Program

(Schedule 2)

Year Ended March 31, 2020

	Budget	2020	2019
EXPENDITURES			
Wages and benefits	\$ 212,139	\$ 199,315	\$ 202,365
Supplies	8,000	10,902	6,160
Travel and mileage	3,500	4,674	3,341
	<u>\$ 223,639</u>	<u>\$ 214,891</u>	<u>\$ 211,866</u>



THE MARGUERITE CENTRE SOCIETY OF NOVA SCOTIA
Residence Operations
Year Ended March 31, 2020

(Schedule 3)

	Budget	2020	2019
EXPENDITURES			
Residence wages and benefits	\$ 30,978	\$ 29,105	\$ 10,444
Food	20,000	18,641	20,412
Amortization	2,500	15,415	15,491
Utilities	15,000	10,391	13,150
Repairs and maintenance	16,000	10,022	6,534
Telephone, internet and cable	5,000	5,517	5,746
Household expenses	4,000	5,429	4,005
Medical	3,500	3,234	3,713
Property taxes	3,500	2,738	2,802
	<u>\$ 100,478</u>	<u>\$ 100,492</u>	<u>\$ 82,297</u>



Supporters

Archdiocese of Halifax/Yarmouth
Catholic Women's' League
Correctional Services Canada
Congregation of Notre Dame
Deloitte Foundation
Department of Health and Wellness
Department of Justice
Estate of James A. Cosman

Flemming Foundation
Halifax Regional Municipality
Nova Scotia Insurance Women's Association
Knights of Columbus
Nova Scotia Nurses Union
Sisters of Charity
United Way of Halifax
Zonta Club of Halifax

Other contributors include:

Winners
Home Sense
Pseudio/Samuel and Co.

Private donors – we are so fortunate to have caring individuals who continue to choose The Marguerite Centre as their charity of choice



Board of Directors 2019-20



Officers:

Wendy Purcell, Chair

Natalie Morris, Past Chair

Rameesh Ali, Secretary

Holly Hickey, Treasurer

Directors:

Kathy-Lee Brickenden

Dale Gruchy

Alex Mackillop



Want to Know More?

Visit our Website at

www.themargueritecentre.com

Contact our Executive Director at 902-444-3089
or margdirector@eastlink.ca



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